

Your Weekly Medical Advice

by Jimmy Huang

"Committed to the care of our patients and community"

**me**
euroa medical

Clinic Hours

Monday – Friday 8am-6pm

Saturday 9am – 5pm

Phone (ALL HOURS) 5795 2011

Emergency clinic

Sundays and public holidays 9am – 11am

(in our rooms @ Euroa Health)

Phone 5795 0200



Fever in Children

Fever is a rise in body temperature above the normal temperature (usually around 37°C). Most fevers are due to infections caused by bacteria or viruses, and symptoms can include feeling unwell, feeling hot and sweaty, shivering, a flushed face and chattering teeth.

On average, a child has up to 10 infections per year. Body temperature isn't a reliable indicator of illness for babies and young children – a child may have a mild temperature according to the thermometer (slightly over 37°C), but seem happy and healthy. Trust your own instincts, but seek medical help if your child is aged six months or less, has a rash, has a fever of 40°C or more, is still feverish after a day or so despite four-hourly doses of baby paracetamol, vomits or has persistent diarrhea, refuses food or drink, cries inconsolably, convulses or twitches, has trouble breathing, is in pain, or if you feel at all worried or concerned at any stage.

Lastly, you should seek immediate medical attention if you notice any of the following symptoms:

- Fever with headache and a stiff neck, which can be signs of meningitis.
- Rash that does not blanch to skin pressure (indicates bleeding into the skin), this can indicate a life threatening illness.

We would appreciate your feedback or topics you would like to hear about at business.manager@emfp.com.au